



March 2019

## WakeMed Rehab Takes the Lead in Providing Early Detection of Lymphedema

*Kudos to WakeMed Rehab: The first North Carolina Health System to introduce SOZO® drew 70+ participants to its two screening and education events on World Lymphedema Day, March 6*

A patient simply steps on SOZO -- and in 30 seconds, a measurement is complete. A WakeMed Rehab therapist then reviews test results and makes recommendations, if necessary.

Many participants learned for the first time that they don't have to simply endure the condition. Lymphedema can be managed with the right treatment and help from WakeMed occupational therapists.

### ***WakeMed Promotes Value of SOZO Technology: Early Detection***

WakeMed reports that a SOZO screening is far more accurate than any other lymphedema screening tool to help measure, monitor, and manage lymphedema. WakeMed Rehab takes the lead in providing early detection of lymphedema – so treatment can begin before symptoms occur.

Located in two of WakeMed Rehab's nine outpatient facilities, SOZO is easy, quick, and painless, providing an opportunity to also monitor how individual treatment is working and if any changes need to be made.



### ***Did You Know?***

Lymphedema is a collection of fluid that causes swelling in the arms and legs. It occurs when the lymphatic system is damaged, or lymph nodes are removed as they often are during breast cancer surgery.

People who have had other types of surgeries, conditions or injuries – such as severe trauma, may also develop lymphedema. One out of three survivors of breast cancer, pelvic cancer or melanoma may experience lymphedema.

### ***WakeMed Locations and Contact Info***

SOZO technology is available at WakeMed Outpatient Rehab, North Hospital and WakeMed Outpatient Specialty Rehab in the Cary Hospital location.

WakeMed therapists who treat lymphedema, using international gold standard decongestive therapy, welcome patients by physician referral at these two locations, as well as WakeMed Outpatient Rehab, Raleigh Medical Park and WakeMed Outpatient Rehab, Wake Forest Road.

For more information or to schedule an appointment, call 919-350-7000.